

## **National Orthodontic Week**

Orthodontics is a field of dentistry that deals with the adjustment of abnormally positioned teeth and jaw while creating and delivering aesthetically pleasing and functionally stable smiles. The Orthodontic Society of India was founded on 5<sup>th</sup> October 1965. Since then this day has been celebrated to raise awareness regarding the significance of orthodontic care among fellow dentists and the public at large.

Keeping with tradition, to commemorate the contribution of Orthodontists, a week-long fun-filled activity for the students and interns along with a lecture session was actualized by the Department of Orthodontics and Dentofacial Orthopaedics at Sudha Rustagi College of Dental Sciences and Research, Faridabad. The program was structured under the guidance of Shri Dharamvir Gupta (Chairman), Mr Deepak Gupta (Secretary), Dr. C.S Baiju (Offg. Principal), and Dr Vishal Juneja (CEO) and It was conducted under Dr Gurkeerat Singh (Professor and Head of the Department). Senior faculty members of the department Dr Sridhar Kanan, Dr Varun Goel, and Dr Raj Kumar Singh oversaw the necessary preparations of various events for the week-long conduction. While the other faculty members (Dr. Ankit Chaudhari and Dr. Triparna) along with the postgraduates ensured a smooth functioning.

The following week was very enthusiastic participation from the students in competitive events such as orthodontic-themed rangoli-making, creative wire bending, photography, nail art, and food relay.

Marking the conclusion of the celebrations, on 17<sup>th</sup> October an informative lecture session by Dr Puja Khanna HOD and Professor, Department of Orthodontics at JCD Dental College, Sirsa was conducted. The gathering was enlightened regarding the various positional anomalies of teeth, their implications, and management. At the same time, Dr.Khanna also addressed the problems concerned with the highly stressful lifestyle of a dentist, the ways of improving it and managing the stress incurred on a day-to-day basis.

The lecture session was followed by announcements and prize distribution to the winners of competitive events.





