

World Oral Health Day celebrated

Sudha Rustagi College of Dental Sciences & Research, Faridabad, celebrated World Oral Health Day by conducting a 'Oral health awareness programme' with theme 'Be Proud of your Mouth', on 20th March, 2021. This programme was organised by Deptt of Public Health Dentistry, under the guidance of Shree Dharamveer Gupta, Hon'able Chairman, Mr Deepak Gupta, Secreatery, Dr C M Marya, Principal &@ Dr Vishal Juneja, CEO.

A team of doctors consisting of Dr Ruchi Nagpal, Dr Sakshi Kataria, Dr Pratibha Taneja, Dr Jiksha, Dr Swati, Dr Mandeep, Dr Soumya, Dr Parul & Dr Swatishree, along with undergraduate students & interns delivered 'Oral health talk' to create awareness among housekeeping staff, sanitation workers & mess workers of Sudha Rustagi College of Dental Sciences & Shanti Devi Memorial Hospital. The talk emphasized on key preventive measures i.e. oral hygiene maintenance, quit tobacco, eat healthy and visit a dentist regularly. Oral hygiene kits, were also distributed among them to reinforce positive oral health behaviours. Various competitions like poster making, slogan writing & short movie, were also organized for undergraduates, to sensitise them towards spreading awareness among general public.





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